

## 2009 MONTANA YOUTH RISK BEHAVIOR SURVEY

### MIDDLE SCHOOL STUDENT FREQUENCY DISTRIBUTIONS

The following frequency distributions are based upon surveys with 7,948 middle school students in Montana during February of 2009. Frequency distributions may not total 7,948 due to nonresponse and percents may not total 100 percent due to rounding.

<i>Q-1. How old are you?</i>	<b><u>Count</u></b>	<b><u>Percent</u></b>
a. 10 years old or younger	14	0.2%
b. 11 years old	15	0.2%
c. 12 years old	1,317	16.7%
d. 13 years old	3,663	46.4%
e. 14 years old	2,661	33.7%
f. 15 years old	210	2.7%
g. 16 years old or older	17	0.2%
<b>Total</b>	<b>7,897</b>	<b>100.0%</b>

<i>Q-2. What is your sex?</i>	<b><u>Count</u></b>	<b><u>Percent</u></b>
a. Female	3,832	48.6%
b. Male	4,057	51.4%
<b>Total</b>	<b>7,889</b>	<b>100.0%</b>

<i>Q-3. In what grade are you?</i>	<b><u>Count</u></b>	<b><u>Percent</u></b>
a. 7th grade	3,706	47.6%
b. 8th grade	4,087	52.4%
<b>Total</b>	<b>7,793</b>	<b>100.0%</b>

<i>Q-4. Are you Hispanic or Latino?</i>	<b><u>Count</u></b>	<b><u>Percent</u></b>
a. Yes	623	8.1%
b. No	7,097	91.9%
<b>Total</b>	<b>7,720</b>	<b>100.0%</b>

<i>Q-5. What is your race?</i>	<b><u>Count</u></b>	<b><u>Percent</u></b>
a. American Indian or Alaskan Native	1,147	14.4%
b. Asian	204	2.6%
c. Black or African American	179	2.3%
d. Native Hawaiian or Other Pacific Islander	136	1.7%
e. White	6,593	83.0%
(More than one response allowed)	<b>Total</b>	<b>8,259</b>
		<b>103.9%</b>

<i>Q-6. When you ride a bicycle, how often did you wear a helmet?</i>	<b><u>Count</u></b>	<b><u>Percent</u></b>
a. I do not ride a bicycle	651	8.3%
b. Never wear a helmet	4,164	52.9%
c. Rarely wear a helmet	1,319	16.7%
d. Sometimes wear a helmet	692	8.8%
e. Most of the time wear a helmet	563	7.1%
f. Always wear a helmet	488	6.2%
<b>Total</b>	<b>7,877</b>	<b>100.0%</b>

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<i>Q-7. When you rollerblade or ride skateboard, how often did you wear a helmet?</i>	<b><u>Count</u></b>	<b><u>Percent</u></b>
a. I do not rollerblade or ride a skateboard	3,827	48.6%
b. Never wear a helmet	2,582	32.8%
c. Rarely wear a helmet	582	7.4%
d. Sometimes wear a helmet	288	3.7%
e. Most of the time wear a helmet	287	3.6%
f. Always wear a helmet	308	3.9%
<b>Total</b>	<b>7,874</b>	<b>100.0%</b>
<i>Q-8. How often do you wear your seat belt when riding in a car?</i>	<b><u>Count</u></b>	<b><u>Percent</u></b>
a. Never	269	3.5%
b. Rarely	473	6.1%
c. Sometimes	1,041	13.5%
d. Most of the time	2,458	31.9%
e. Always	3,474	45.0%
<b>Total</b>	<b>7,715</b>	<b>100.0%</b>
<i>Q-9. How often do you wear your seat belt when driving a car?</i>	<b><u>Count</u></b>	<b><u>Percent</u></b>
a. I do not drive a car	5,247	67.4%
b. Never	315	4.0%
c. Rarely	261	3.4%
d. Sometimes	265	3.4%
e. Most of the time	461	5.9%
f. Always	1,241	15.9%
<b>Total</b>	<b>7,790</b>	<b>100.0%</b>
<i>Q-10. During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?</i>	<b><u>Count</u></b>	<b><u>Percent</u></b>
a. 0 times	6,154	78.5%
b. 1 time	578	7.4%
c. 2 or 3 times	552	7.0%
d. 4 or 5 times	147	1.9%
e. 6 or more times	411	5.2%
<b>Total</b>	<b>7,842</b>	<b>100.0%</b>
<i>Q-11. During the past 30 days, how many times did you drive a car or other vehicle when you had been drinking alcohol?</i>	<b><u>Count</u></b>	<b><u>Percent</u></b>
a. 0 times	7,451	95.0%
b. 1 time	186	2.4%
c. 2 or 3 times	71	0.9%
d. 4 or 5 times	31	0.4%
e. 6 or more times	102	1.3%
<b>Total</b>	<b>7,841</b>	<b>100.0%</b>
<i>Q-12. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club?</i>	<b><u>Count</u></b>	<b><u>Percent</u></b>
a. 0 days	5,957	75.8%
b. 1 day	545	6.9%
c. 2 or 3 days	515	6.6%
d. 4 or 5 days	189	2.4%
e. 6 or more days	654	8.3%
<b>Total</b>	<b>7,860</b>	<b>100.0%</b>

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<i>Q-13. During the past 30 days, on how many days did you carry a gun?</i>			<b><u>Count</u></b>	<b><u>Percent</u></b>
a. 0 days			7,033	89.4%
b. 1 day			385	4.9%
c. 2 or 3 days			205	2.6%
d. 4 or 5 days			73	0.9%
e. 6 or more days			167	2.1%
	<b>Total</b>		<b>7,863</b>	<b>100.0%</b>
<i>Q-14. During the past 30 days, did you carry a weapon such as a gun, knife or club on school property?</i>			<b><u>Count</u></b>	<b><u>Percent</u></b>
a. Yes			636	8.1%
b. No			7,233	91.9%
	<b>Total</b>		<b>7,869</b>	<b>100.0%</b>
<i>Q-15. During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?</i>			<b><u>Count</u></b>	<b><u>Percent</u></b>
a. 0 days			7,406	94.0%
b. 1 day			279	3.5%
c. 2 or 3 days			99	1.3%
d. 4 or 5 days			26	0.3%
e. 6 or more days			70	0.9%
	<b>Total</b>		<b>7,880</b>	<b>100.0%</b>
<i>Q-16. During the past 12 months, has someone threatened or injured you with a weapon such as a gun, knife, or club on school property?</i>			<b><u>Count</u></b>	<b><u>Percent</u></b>
a. Yes			610	7.7%
b. No			7,267	92.3%
	<b>Total</b>		<b>7,877</b>	<b>100.0%</b>
<i>Q-17. During the past 12 months, have you ever been in a physical fight?</i>			<b><u>Count</u></b>	<b><u>Percent</u></b>
a. Yes			2,999	38.4%
b. No			4,820	61.6%
	<b>Total</b>		<b>7,819</b>	<b>100.0%</b>
<i>Q-18. During the past 12 months, have you ever been in a physical fight in which you were hurt and had to be treated by a doctor or nurse?</i>			<b><u>Count</u></b>	<b><u>Percent</u></b>
a. Yes			327	4.1%
b. No			7,568	95.9%
	<b>Total</b>		<b>7,895</b>	<b>100.0%</b>
<i>Q-19. During the past 12 months, have you ever been in a physical fight on school property?</i>			<b><u>Count</u></b>	<b><u>Percent</u></b>
a. Yes			1,424	18.1%
b. No			6,455	81.9%
	<b>Total</b>		<b>7,879</b>	<b>100.0%</b>
<i>Q-20. During the past 12 months, have you ever been bullied on school property?</i>			<b><u>Count</u></b>	<b><u>Percent</u></b>
a. Yes			2,941	38.1%
b. No			4,786	61.9%
	<b>Total</b>		<b>7,727</b>	<b>100.0%</b>

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Q-21. During the past 12 months, have you ever been electronically bullied, such as through e-mail, chat rooms, instant messaging, Web sites, or text messaging?	<u>Count</u>	<u>Percent</u>
a. Yes	1,427	18.1%
b. No	6,442	81.9%
<b>Total</b>	<b>7,869</b>	<b>100.0%</b>
Q-22. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?	<u>Count</u>	<u>Percent</u>
a. Yes	1,743	22.1%
b. No	6,136	77.9%
<b>Total</b>	<b>7,879</b>	<b>100.0%</b>
Q-23. During the past 12 months, did you ever seriously think about killing yourself?	<u>Count</u>	<u>Percent</u>
a. Yes	1,308	16.7%
b. No	6,520	83.3%
<b>Total</b>	<b>7,828</b>	<b>100.0%</b>
Q-24. During the past 12 months, did you make a plan about how you would kill yourself?	<u>Count</u>	<u>Percent</u>
a. Yes	793	10.0%
b. No	7,105	90.0%
<b>Total</b>	<b>7,898</b>	<b>100.0%</b>
Q-25. During the past 12 months, did you ever try to kill yourself?	<u>Count</u>	<u>Percent</u>
a. Yes	480	6.1%
b. No	7,383	93.9%
<b>Total</b>	<b>7,863</b>	<b>100.0%</b>
Q-26. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?	<u>Count</u>	<u>Percent</u>
a. I did not attempt suicide	6,353	81.4%
b. Yes	418	5.4%
c. No	1,029	13.2%
<b>Total</b>	<b>7,800</b>	<b>100.0%</b>
Q-27. Have you ever tried cigarette smoking, even one or two puffs	<u>Count</u>	<u>Percent</u>
a. Yes	2,063	26.4%
b. No	5,759	73.6%
<b>Total</b>	<b>7,822</b>	<b>100.0%</b>

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<i>Q-28. How old were you when you smoked a whole cigarette for the first time?</i>	<b><u>Count</u></b>	<b><u>Percent</u></b>
a. I have never smoked a whole cigarette	6,424	82.0%
b. 8 years old or younger	338	4.3%
c. 9 years old	110	1.4%
d. 10 years old	185	2.4%
e. 11 years old	185	2.4%
f. 12 years old	274	3.5%
g. 13 years old or older	322	4.1%
<b>Total</b>	<b>7,838</b>	<b>100.0%</b>

<i>Q-29. During the past 30 days, on how many days did you smoke cigarettes?</i>	<b><u>Count</u></b>	<b><u>Percent</u></b>
a. 0 days	7,075	90.3%
b. 1 or 2 days	302	3.9%
c. 3 to 5 days	117	1.5%
d. 6 to 9 days	76	1.0%
e. 10 to 19 days	76	1.0%
f. 20 to 29 days	53	0.7%
g. All 30 days	133	1.7%
<b>Total</b>	<b>7,832</b>	<b>100.0%</b>

<i>Q-30. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?</i>	<b><u>Count</u></b>	<b><u>Percent</u></b>
a. I did not smoke cigarettes during the past 30 days	7,144	90.7%
b. Less than 1 cigarette per day	258	3.3%
c. 1 cigarette per day	163	2.1%
d. 2 to 5 cigarettes per day	218	2.8%
e. 6 to 10 cigarettes per day	38	0.5%
f. 11 to 20 cigarettes per day	13	0.2%
g. More than 20 cigarettes per day	46	0.6%
<b>Total</b>	<b>7,880</b>	<b>100.0%</b>

<i>Q-31. During the past 30 days, how did you usually get your own cigarettes?</i>	<b><u>Count</u></b>	<b><u>Percent</u></b>
a. I did not smoke cigarettes during the past 30 days	7,089	90.1%
b. I bought them in a store such as a convenience store, supermarket, discount store, or gas station	47	0.6%
c. I bought them from a vending machine	16	0.2%
d. I gave someone else money to buy them for me	160	2.0%
e. I borrowed them from someone else	172	2.2%
f. A person 18 years old or older gave them to me	51	0.6%
g. I took them from a store or family member	122	1.6%
h. I got them some other way	213	2.7%
<b>Total</b>	<b>7,870</b>	<b>100.0%</b>

<i>Q-32. Have you ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days?</i>	<b><u>Count</u></b>	<b><u>Percent</u></b>
a. Yes	486	6.2%
b. No	7,340	93.8%
<b>Total</b>	<b>7,826</b>	<b>100.0%</b>

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<i>Q-33. During the past 30 days, on how many days did you use chewing tobacco, snuff, or dip, such as Redman, Levi Garret, Beechnut, Skoal, Skoal Bandits, or Copenhagen?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. 0 days	7,383	93.8%
b. 1 or 2 days	253	3.2%
c. 3 to 5 days	63	0.8%
d. 6 to 9 days	43	0.5%
e. 10 to 19 days	41	0.5%
f. 20 to 29 days	22	0.3%
g. All 30 days	63	0.8%
<b>Total</b>	<b>7,868</b>	<b>100.0%</b>

<i>Q-34. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. 0 days	7,448	94.6%
b. 1 or 2 days	237	3.0%
c. 3 to 5 days	79	1.0%
d. 6 to 9 days	41	0.5%
e. 10 to 19 days	18	0.2%
f. 20 to 29 days	7	0.1%
g. All 30 days	43	0.5%
<b>Total</b>	<b>7,873</b>	<b>100.0%</b>

<i>Q-35. Have you ever had a drink of alcohol, other than a few sips?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. Yes	3,110	39.9%
b. No	4,681	60.1%
<b>Total</b>	<b>7,791</b>	<b>100.0%</b>

<i>Q-36. How old were you when you had your first drink of alcohol other than a few sips?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. I have never had a drink of alcohol other than a few sips	4,693	60.2%
b. 8 years old or younger	626	8.0%
c. 9 years old	198	2.5%
d. 10 years old	336	4.3%
e. 11 years old	381	4.9%
f. 12 years old	681	8.7%
g. 13 years old or older	882	11.3%
<b>Total</b>	<b>7,797</b>	<b>100.0%</b>

<i>Q-37. During the past 30 days, on how many days did you have at least one drink of alcohol?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. 0 days	6,278	79.9%
b. 1 or 2 days	909	11.6%
c. 3 to 5 days	304	3.9%
d. 6 to 9 days	155	2.0%
e. 10 to 19 days	99	1.3%
f. 20 to 29 days	38	0.5%
g. All 30 days	79	1.0%
<b>Total</b>	<b>7,862</b>	<b>100.0%</b>

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<i>Q-38. During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours?</i>	<b><u>Count</u></b>	<b><u>Percent</u></b>
a. 0 days	6,965	88.8%
b. 1 day	380	4.8%
c. 2 days	203	2.6%
d. 3 to 5 days	146	1.9%
e. 6 to 9 days	61	0.8%
f. 10 to 19 days	37	0.5%
g. 20 or more days	50	0.6%
<b>Total</b>	<b>7,842</b>	<b>100.0%</b>

<i>Q-39. Have you ever used marijuana?</i>	<b><u>Count</u></b>	<b><u>Percent</u></b>
a. Yes	1,169	14.9%
b. No	6,652	85.1%
<b>Total</b>	<b>7,821</b>	<b>100.0%</b>

<i>Q-40. How old were you when you tried marijuana for the first time?</i>	<b><u>Count</u></b>	<b><u>Percent</u></b>
a. I have never tried marijuana	6,780	86.1%
b. 8 years old or younger	233	3.0%
c. 9 years old	69	0.9%
d. 10 years old	83	1.1%
e. 11 years old	124	1.6%
f. 12 years old	223	2.8%
g. 13 years old or older	359	4.6%
<b>Total</b>	<b>7,871</b>	<b>100.0%</b>

<i>Q-41. During the past 30 days, how many times did you use marijuana?</i>	<b><u>Count</u></b>	<b><u>Percent</u></b>
a. 0 times	7,106	91.0%
b. 1 or 2 times	282	3.6%
c. 3 to 9 times	150	1.9%
d. 10 to 19 times	103	1.3%
e. 20 to 39 times	51	0.7%
f. 40 or more times	120	1.5%
<b>Total</b>	<b>7,812</b>	<b>100.0%</b>

<i>Q-42. Have you ever used any form of cocaine, including powder, crack, or freebase?</i>	<b><u>Count</u></b>	<b><u>Percent</u></b>
a. Yes	342	4.3%
b. No	7,524	95.7%
<b>Total</b>	<b>7,866</b>	<b>100.0%</b>

<i>Q-43. Have you ever sniffed glue or breathed the contents of spray cans, or inhaled any paints or sprays to get high?</i>	<b><u>Count</u></b>	<b><u>Percent</u></b>
a. Yes	1,039	13.2%
b. No	6,821	86.8%
<b>Total</b>	<b>7,860</b>	<b>100.0%</b>

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<i>Q-44. During your life, how many times have you used methamphetamines (also called speed, crystal, crank, or ice)?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. 0 times	7,442	95.0%
b. 1 or 2 times	306	3.9%
c. 3 to 9 times	31	0.4%
d. 10 to 19 times	11	0.1%
e. 20 to 39 times	9	0.1%
f. 40 or more times	38	0.5%
<b>Total</b>	<b>7,837</b>	<b>100.0%</b>

<i>Q-45. Have you ever used steroid pills or shots without a doctor's prescription</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. Yes	251	3.2%
b. No	7,600	96.8%
<b>Total</b>	<b>7,851</b>	<b>100.0%</b>

<i>Q-46. During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. Yes	627	8.0%
b. No	7,229	92.0%
<b>Total</b>	<b>7,856</b>	<b>100.0%</b>

<i>Q-47. Have you ever had sexual intercourse?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. Yes	1,281	16.8%
b. No	6,352	83.2%
<b>Total</b>	<b>7,633</b>	<b>100.0%</b>

<i>Q-48. How old were you when you had sexual intercourse for the first time?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. I have never had sexual intercourse	6,421	82.3%
b. 8 years old or younger	368	4.7%
c. 9 years old	52	0.7%
d. 10 years old	75	1.0%
e. 11 years old	111	1.4%
f. 12 years old	231	3.0%
g. 13 years old or older	547	7.0%
<b>Total</b>	<b>7,805</b>	<b>100.0%</b>

<i>Q-49. With how many people have you had sexual intercourse?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. I have never had sexual intercourse	6,604	84.1%
b. 1 person	542	6.9%
c. 2 people	233	3.0%
d. 3 people	122	1.6%
e. 4 people	76	1.0%
f. 5 people	34	0.4%
g. 6 or more people	238	3.0%
<b>Total</b>	<b>7,849</b>	<b>100.0%</b>



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<i>Q-50. During the past 3 months, with how many people did you have sexual intercourse?</i>	<b><u>Count</u></b>	<b><u>Percent</u></b>
a. I have never had sexual intercourse	6,586	84.3%
b. I have had sexual intercourse, but not during the past 3 months	556	7.1%
c. 1 person	368	4.7%
d. 2 people	108	1.4%
e. 3 people	46	0.6%
f. 4 people	27	0.3%
g. 5 people	22	0.3%
h. 6 or more people	102	1.3%
<b>Total</b>	<b>7,815</b>	<b>100.0%</b>

<i>Q-51. Did you drink alcohol or use drugs before you had sexual intercourse the last time?</i>	<b><u>Count</u></b>	<b><u>Percent</u></b>
a. I have never had sexual intercourse	6,519	83.2%
b. Yes	401	5.1%
c. No	919	11.7%
<b>Total</b>	<b>7,839</b>	<b>100.0%</b>

<i>Q-52. The last time you had sexual intercourse, did you or your partner use a condom?</i>	<b><u>Count</u></b>	<b><u>Percent</u></b>
a. I have never had sexual intercourse	6,510	83.6%
b. Yes	829	10.6%
c. No	448	5.8%
<b>Total</b>	<b>7,787</b>	<b>100.0%</b>

<i>Q-53. How do you describe your weight?</i>	<b><u>Count</u></b>	<b><u>Percent</u></b>
a. Very underweight	244	3.1%
b. Slightly underweight	1,023	13.2%
c. About the right weight	4,542	58.5%
d. Slightly overweight	1,718	22.1%
e. Very overweight	236	3.0%
<b>Total</b>	<b>7,763</b>	<b>100.0%</b>

<i>Q-54. Which of the following are you trying to do about your weight?</i>	<b><u>Count</u></b>	<b><u>Percent</u></b>
a. Lose weight	3,126	40.2%
b. Gain weight	864	11.1%
c. Stay the same weight	1,739	22.3%
d. I am not trying to do anything about my weight	2,054	26.4%
<b>Total</b>	<b>7,783</b>	<b>100.0%</b>

<i>Q-55. During the past 7 days, on how many days did you eat breakfast?</i>	<b><u>Count</u></b>	<b><u>Percent</u></b>
a. 0 days	809	10.5%
b. 1 day	443	5.7%
c. 2 days	507	6.6%
d. 3 days	501	6.5%
e. 4 days	470	6.1%
f. 5 days	695	9.0%
g. 6 days	604	7.8%
h. 7 days	3,709	47.9%
<b>Total</b>	<b>7,738</b>	<b>100.0%</b>

## 2009 MONTANA YOUTH RISK BEHAVIOR SURVEY

### MIDDLE SCHOOL STUDENT FREQUENCY DISTRIBUTIONS

Q-56. During the past 30 days, did you exercise to lose weight or to keep from gaining weight?	<u>Count</u>	<u>Percent</u>
a. Yes	4,391	57.9%
b. No	3,197	42.1%
<b>Total</b>	<b>7,588</b>	<b>100.0%</b>
Q-57. During the past 30 days, did you eat less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight?	<u>Count</u>	<u>Percent</u>
a. Yes	2,378	30.5%
b. No	5,430	69.5%
<b>Total</b>	<b>7,808</b>	<b>100.0%</b>
Q-58. During the past 30 days, did you go without eating for 24 hours or more (also called fasting) to lose weight or to keep from gaining weight?	<u>Count</u>	<u>Percent</u>
a. Yes	651	8.3%
b. No	7,180	91.7%
<b>Total</b>	<b>7,831</b>	<b>100.0%</b>
Q-59. During the past 30 days, did you take any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight? (Do not include meal replacement products such as Slim Fast.)	<u>Count</u>	<u>Percent</u>
a. Yes	226	2.9%
b. No	7,554	97.1%
<b>Total</b>	<b>7,780</b>	<b>100.0%</b>
Q-60. During the past 30 days, did you vomit or take laxatives to lose weight or to keep from gaining weight?	<u>Count</u>	<u>Percent</u>
a. Yes	284	3.7%
b. No	7,488	96.3%
<b>Total</b>	<b>7,772</b>	<b>100.0%</b>
Q-61. During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice?	<u>Count</u>	<u>Percent</u>
a. I did not drink 100% fruit juice during the past 7 days	1,728	22.1%
b. 1 to 3 times during the past 7 days	2,999	38.4%
c. 4 to 6 times during the past 7 days	1,396	17.9%
d. 1 time per day	550	7.0%
e. 2 times per day	556	7.1%
f. 3 times per day	236	3.0%
g. 4 or more times per day	347	4.4%
<b>Total</b>	<b>7,812</b>	<b>100.0%</b>
Q-62. During the past 7 days, how many times did you eat fruit?	<u>Count</u>	<u>Percent</u>
a. I did not eat fruit during the past 7 days	729	9.4%
b. 1 to 3 times during the past 7 days	2,624	33.8%
c. 4 to 6 times during the past 7 days	1,878	24.2%
d. 1 time per day	838	10.8%
e. 2 times per day	865	11.1%
f. 3 times per day	391	5.0%
g. 4 or more times per day	443	5.7%
<b>Total</b>	<b>7,768</b>	<b>100.0%</b>

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### MIDDLE SCHOOL STUDENT FREQUENCY DISTRIBUTIONS

<i>Q-63. During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite?</i>	<b><u>Count</u></b>	<b><u>Percent</u></b>
a. I did not drink a soda or pop during the past 7 days	1,580	20.3%
b. 1 to 3 times during the past 7 days	3,443	44.2%
c. 4 to 6 times during the past 7 days	1,241	15.9%
d. 1 time per day	597	7.7%
e. 2 times per day	433	5.6%
f. 3 times per day	170	2.2%
g. 4 or more times per day	325	4.2%
<b>Total</b>	<b>7,789</b>	<b>100.0%</b>

<i>Q-64. During the past 7 days, how many glasses of milk did you drink?</i>	<b><u>Count</u></b>	<b><u>Percent</u></b>
a. I did not drink milk during the past 7 days	745	9.6%
b. 1 to 3 glasses during the past 7 days	1,338	17.2%
c. 4 to 6 glasses during the past 7 days	1,336	17.2%
d. 1 glass per day	1,124	14.5%
e. 2 glasses per day	1,393	18.0%
f. 3 glasses per day	928	12.0%
g. 4 or more glasses per day	895	11.5%
<b>Total</b>	<b>7,759</b>	<b>100.0%</b>

<i>Q-65. During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day?</i>	<b><u>Count</u></b>	<b><u>Percent</u></b>
a. 0 days	587	7.7%
b. 1 day	443	5.8%
c. 2 days	630	8.2%
d. 3 days	838	10.9%
e. 4 days	857	11.2%
f. 5 days	1,080	14.1%
g. 6 days	702	9.2%
h. 7 days	2,531	33.0%
<b>Total</b>	<b>7,668</b>	<b>100.0%</b>

<i>Q-66. On an average school day, how many hours do you watch TV?</i>	<b><u>Count</u></b>	<b><u>Percent</u></b>
a. I do not watch TV on an average school day	898	11.6%
b. Less than 1 hour per day	1,631	21.1%
c. 1 hour per day	1,394	18.0%
d. 2 hours per day	1,750	22.6%
e. 3 hours per day	1,136	14.7%
f. 4 hours per day	450	5.8%
g. 5 or more hours per day	488	6.3%
<b>Total</b>	<b>7,747</b>	<b>100.0%</b>

## 2009 MONTANA YOUTH RISK BEHAVIOR SURVEY

### MIDDLE SCHOOL STUDENT FREQUENCY DISTRIBUTIONS

<i>Q-67. On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work?</i>	<b><u>Count</u></b>	<b><u>Percent</u></b>
a. I do not play video or computer games or use a computer for something that is not school work	1,330	17.1%
b. Less than 1 hour per day	2,518	32.4%
c. 1 hour per day	1,418	18.2%
d. 2 hours per day	1,111	14.3%
e. 3 hours per day	650	8.4%
f. 4 hours per day	292	3.8%
g. 5 or more hours per day	451	5.8%
<b>Total</b>	<b>7,770</b>	<b>100.0%</b>

<i>Q-68. In an average week when you are in school, on how many days do you go to physical education (PE) classes?</i>	<b><u>Count</u></b>	<b><u>Percent</u></b>
a. 0 days	954	12.5%
b. 1 day	214	2.8%
c. 2 days	1,285	16.8%
d. 3 days	2,637	34.5%
e. 4 days	331	4.3%
f. 5 days	2,232	29.2%
<b>Total</b>	<b>7,653</b>	<b>100.0%</b>

<i>Q-69. During the past 12 months, on how many sports teams did you play?</i>	<b><u>Count</u></b>	<b><u>Percent</u></b>
a. 0 teams	2,075	27.0%
b. 1 team	1,790	23.3%
c. 2 teams	1,612	21.0%
d. 3 or more teams	2,214	28.8%
<b>Total</b>	<b>7,691</b>	<b>100.0%</b>

<i>Q-70. Have you ever been taught about AIDS/HIV infection in school?</i>	<b><u>Count</u></b>	<b><u>Percent</u></b>
a. Yes	5,112	66.3%
b. No	1,288	16.7%
c. Not sure	1,311	17.0%
<b>Total</b>	<b>7,711</b>	<b>100.0%</b>

<i>Q-71. Has a doctor or nurse ever told you that you have asthma?</i>	<b><u>Count</u></b>	<b><u>Percent</u></b>
a. Yes	1,338	17.4%
b. No	5,827	75.7%
c. Not sure	534	6.9%
<b>Total</b>	<b>7,699</b>	<b>100.0%</b>

<i>Q-72. Do you still have asthma?</i>	<b><u>Count</u></b>	<b><u>Percent</u></b>
a. I have never had asthma	5,172	68.2%
b. Yes	990	13.1%
c. No	748	9.9%
d. Not sure	676	8.9%
<b>Total</b>	<b>7,586</b>	<b>100.0%</b>